

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 061

**Total Responses:** 166

1. Check one that describes you:	Yes	No	N/R
Pregnant	26	122	18
A parent/caretaker of a baby under 6 months	50	101	15
A parent/caretaker of a baby 6 months to 1 year	44	102	20
Breastfeeding (at least 1 time in 24 hours)	18	127	21
A parent/caretaker of a child over 1 year old	106	41	19
The dad, grandparent, caretaker of a child on WIC	29	111	26
The mom of a child on WIC	137	18	11
I am 18 years or younger	21	124	21

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	68	36	31	31
Getting children to eat healthy foods	29	23	98	16
Quick healthy meals	24	26	102	14
Eating a healthy diet after pregnancy	58	19	65	24
Saving money at the grocery store	31	21	96	18

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	41	73	29	23
Discussion only	50	53	30	33
Food demonstration/taste test	48	48	37	33
On the internet	49	32	59	26
Reading on my own	15	50	81	20
Learning activities	28	53	57	28

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 061

4. What is the highest level of school you completed?	Total
6th grade or less	3
7th to 9th grade	11
10th to 12th grade	36
High School graduate	67
Some College / Current Student	36
College Graduate	10
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	80	74	12
A video game console (X-box, Playstation, Game Cube, Nintendo)	65	82	19
Cable TV	88	64	14

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	5
2 times a week	13
3 times a week	22
4 or more times a week	98
No response	28

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	55	34	63	14
Exercise during of after pregnancy	70	18	57	21
Stretching	62	47	35	22
Exercising more myself	41	39	72	14
Getting my children to exercise more	64	34	52	16
Back health	62	36	51	17

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 061

### ENGLISH

growth spurts with breastfeeding infant

Real Life BF issues

internet

lose weight....lose weight

diabetic-carb counting

How to deal with stress do to having a new born and older kids

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 062

**Total Responses:**

**66**

1. Check one that describes you:	Yes	No	N/R
Pregnant	17	47	2
A parent/caretaker of a baby under 6 months	22	40	4
A parent/caretaker of a baby 6 months to 1 year	22	41	3
Breastfeeding (at least 1 time in 24 hours)	14	48	4
A parent/caretaker of a child over 1 year old	40	23	3
The dad, grandparent, caretaker of a child on WIC	12	48	6
The mom of a child on WIC	55	10	1
I am 18 years or younger	12	51	3

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	25	26	15	0
Getting children to eat healthy foods	14	9	43	0
Quick healthy meals	6	6	53	1
Eating a healthy diet after pregnancy	20	10	36	0
Saving money at the grocery store	8	16	42	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	5	27	34	0
Discussion only	20	31	13	2
Food demonstration/taste test	17	22	24	3
On the internet	21	14	27	4
Reading on my own	5	26	35	0
Learning activities	8	24	33	1

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 062

4. What is the highest level of school you completed?	Total
6th grade or less	2
7th to 9th grade	7
10th to 12th grade	15
High School graduate	19
Some College / Current Student	21
College Graduate	2
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	37	28	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	35	29	2
Cable TV	46	20	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	2
2 times a week	4
3 times a week	5
4 or more times a week	28
No response	27

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	15	16	34	1
Exercise during of after pregnancy	21	15	29	1
Stretching	22	15	25	4
Exercising more myself	10	24	31	1
Getting my children to exercise more	21	19	25	1
Back health	24	18	23	1

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 062

### ENGLISH

organic foods (fruits and vegetables)

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 063

**Total Responses: 63**

1. Check one that describes you:	Yes	No	N/R
Pregnant	17	41	5
A parent/caretaker of a baby under 6 months	16	39	8
A parent/caretaker of a baby 6 months to 1 year	18	37	8
Breastfeeding (at least 1 time in 24 hours)	4	50	9
A parent/caretaker of a child over 1 year old	36	22	5
The dad, grandparent, caretaker of a child on WIC	4	51	8
The mom of a child on WIC	48	10	5
I am 18 years or younger	3	51	9

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	44	9	8	2
Getting children to eat healthy foods	27	7	27	2
Quick healthy meals	23	9	28	3
Eating a healthy diet after pregnancy	34	6	21	2
Saving money at the grocery store	22	10	28	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	22	23	10	8
Discussion only	23	29	3	8
Food demonstration/taste test	20	22	13	8
On the internet	18	16	21	8
Reading on my own	11	10	35	7
Learning activities	13	24	18	8

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 063

4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	5
10th to 12th grade	10
High School graduate	18
Some College / Current Student	25
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	40	21	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	28	33	2
Cable TV	45	18	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	2
2 times a week	6
3 times a week	4
4 or more times a week	28
No response	23

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	25	12	23	3
Exercise during of after pregnancy	33	10	18	2
Stretching	35	13	11	4
Exercising more myself	28	16	16	3
Getting my children to exercise more	37	14	8	4
Back health	31	14	16	2



## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 063

### ENGLISH

healthy weight loss after childbirth and during breastfeeding

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 064

**Total Responses: 68**

1. Check one that describes you:	Yes	No	N/R
Pregnant	13	44	11
A parent/caretaker of a baby under 6 months	22	32	14
A parent/caretaker of a baby 6 months to 1 year	17	32	19
Breastfeeding (at least 1 time in 24 hours)	11	43	14
A parent/caretaker of a child over 1 year old	34	15	19
The dad, grandparent, caretaker of a child on WIC	10	38	20
The mom of a child on WIC	47	7	14
I am 18 years or younger	18	42	8

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	33	19	12	4
Getting children to eat healthy foods	15	9	38	6
Quick healthy meals	14	8	39	7
Eating a healthy diet after pregnancy	25	8	29	6
Saving money at the grocery store	17	9	38	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	23	24	16	5
Discussion only	31	19	11	7
Food demonstration/taste test	18	21	21	8
On the internet	30	15	16	7
Reading on my own	9	19	37	3
Learning activities	11	23	27	7

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 064

4. What is the highest level of school you completed?	Total
6th grade or less	2
7th to 9th grade	7
10th to 12th grade	18
High School graduate	27
Some College / Current Student	10
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	24	44	0
A video game console (X-box, Playstation, Game Cube, Nintendo)	31	36	1
Cable TV	44	23	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	6
2 times a week	3
3 times a week	10
4 or more times a week	29
No response	20

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	24	11	24	9
Exercise during of after pregnancy	32	14	12	10
Stretching	31	16	12	9
Exercising more myself	19	19	22	8
Getting my children to exercise more	21	17	18	12
Back health	26	20	15	7

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 064

### ENGLISH

to not gain wt- I am heavy BIG

can you mail my pouches to me

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 065

**Total Responses: 60**

1. Check one that describes you:	Yes	No	N/R
Pregnant	17	35	8
A parent/caretaker of a baby under 6 months	16	38	6
A parent/caretaker of a baby 6 months to 1 year	15	36	9
Breastfeeding (at least 1 time in 24 hours)	10	41	9
A parent/caretaker of a child over 1 year old	17	36	7
The dad, grandparent, caretaker of a child on WIC	2	46	12
The mom of a child on WIC	42	16	2
I am 18 years or younger	10	41	9

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	22	7	27	4
Getting children to eat healthy foods	5	5	49	1
Quick healthy meals	3	11	45	1
Eating a healthy diet after pregnancy	16	9	33	2
Saving money at the grocery store	11	13	34	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	8	31	20	1
Discussion only	19	26	12	3
Food demonstration/taste test	15	26	18	1
On the internet	21	20	18	1
Reading on my own	10	22	26	2
Learning activities	2	30	27	1

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 065

4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	7
10th to 12th grade	15
High School graduate	20
Some College / Current Student	16
College Graduate	1
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	32	26	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	32	25	3
Cable TV	48	11	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	3
3 times a week	9
4 or more times a week	11
No response	34

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	15	7	37	1
Exercise during of after pregnancy	17	11	30	2
Stretching	21	13	25	1
Exercising more myself	8	15	36	1
Getting my children to exercise more	12	22	23	3
Back health	13	19	26	2

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 065

### ENGLISH

I think if you have teenage children or more than two kids you should be able to skip the video.

How to discipline

What age to feed certain foods to my child

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 067

**Total Responses:** 97

1. Check one that describes you:	Yes	No	N/R
Pregnant	15	74	8
A parent/caretaker of a baby under 6 months	21	68	8
A parent/caretaker of a baby 6 months to 1 year	31	55	11
Breastfeeding (at least 1 time in 24 hours)	13	74	10
A parent/caretaker of a child over 1 year old	60	25	12
The dad, grandparent, caretaker of a child on WIC	16	65	16
The mom of a child on WIC	81	9	7
I am 18 years or younger	22	60	15

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	30	18	38	11
Getting children to eat healthy foods	12	8	76	1
Quick healthy meals	12	7	75	3
Eating a healthy diet after pregnancy	28	12	50	7
Saving money at the grocery store	16	9	66	6

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	14	24	55	4
Discussion only	22	38	21	16
Food demonstration/taste test	16	32	40	9
On the internet	39	23	16	19
Reading on my own	17	29	38	13
Learning activities	10	25	51	11



## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 067

4. What is the highest level of school you completed?	Total
6th grade or less	8
7th to 9th grade	21
10th to 12th grade	22
High School graduate	24
Some College / Current Student	16
College Graduate	4
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	23	68	6
A video game console (X-box, Playstation, Game Cube, Nintendo)	28	63	6
Cable TV	50	44	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	7
2 times a week	11
3 times a week	24
4 or more times a week	45
No response	10

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	28	16	47	6
Exercise during of after pregnancy	39	11	39	8
Stretching	34	16	36	11
Exercising more myself	24	12	54	7
Getting my children to exercise more	26	16	51	4
Back health	33	16	41	7

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 067

### ENGLISH

breastfeeding

information on how to take care of a baby when they are sick with common things like a cold to new moms

getting children to interact better with other children

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 069

**Total Responses:**                      **66**

1. Check one that describes you:	Yes	No	N/R
Pregnant	13	49	4
A parent/caretaker of a baby under 6 months	38	26	2
A parent/caretaker of a baby 6 months to 1 year	22	42	2
Breastfeeding (at least 1 time in 24 hours)	15	47	4
A parent/caretaker of a child over 1 year old	34	30	2
The dad, grandparent, caretaker of a child on WIC	6	56	4
The mom of a child on WIC	59	5	2
I am 18 years or younger	22	40	4

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	34	12	19	1
Getting children to eat healthy foods	10	13	43	0
Quick healthy meals	9	7	50	0
Eating a healthy diet after pregnancy	19	16	30	1
Saving money at the grocery store	13	14	39	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	14	35	16	1
Discussion only	28	24	13	1
Food demonstration/taste test	20	20	25	1
On the internet	31	21	13	1
Reading on my own	15	29	22	0
Learning activities	9	32	25	0

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 069

4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	8
10th to 12th grade	29
High School graduate	16
Some College / Current Student	11
College Graduate	1
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	31	35	0
A video game console (X-box, Playstation, Game Cube, Nintendo)	24	41	1
Cable TV	25	41	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	2
2 times a week	9
3 times a week	8
4 or more times a week	27
No response	20

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	22	15	27	2
Exercise during of after pregnancy	23	16	26	1
Stretching	24	18	21	3
Exercising more myself	16	19	31	0
Getting my children to exercise more	30	14	20	2
Back health	23	16	24	3

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 070

**Total Responses:** 101

1. Check one that describes you:	Yes	No	N/R
Pregnant	24	77	0
A parent/caretaker of a baby under 6 months	31	70	0
A parent/caretaker of a baby 6 months to 1 year	31	70	0
Breastfeeding (at least 1 time in 24 hours)	11	90	0
A parent/caretaker of a child over 1 year old	6	95	0
The dad, grandparent, caretaker of a child on WIC	1	100	0
The mom of a child on WIC	37	64	0
I am 18 years or younger	10	91	0

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	8	19	23	51
Getting children to eat healthy foods	2	13	47	39
Quick healthy meals	2	12	68	19
Eating a healthy diet after pregnancy	7	13	35	46
Saving money at the grocery store	3	12	77	9

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	0	9	71	21
Discussion only	0	7	25	69
Food demonstration/taste test	0	3	46	52
On the internet	0	11	37	53
Reading on my own	0	4	59	38
Learning activities	0	9	22	70

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 070

4. What is the highest level of school you completed?	Total
6th grade or less	0
7th to 9th grade	7
10th to 12th grade	30
High School graduate	50
Some College / Current Student	12
College Graduate	0
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	50	50	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	33	66	2
Cable TV	76	24	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	5
2 times a week	11
3 times a week	30
4 or more times a week	18
No response	37

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	4	15	29	53
Exercise during of after pregnancy	7	13	46	35
Stretching	7	14	32	48
Exercising more myself	3	12	59	27
Getting my children to exercise more	4	13	26	58
Back health	9	12	8	72

# FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 070

ENGLISH

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